

## MUSTANG ATHLETICS 2018-19

Summer Athletic Office hours are weekdays from 8:00am - 12:00pm. The office will close June 27 and re-open July 31. For up-to-date information, check the website, [www.sd.sduhsd.net](http://www.sd.sduhsd.net).

San Dieguito Academy student-athletes have 20 varsity-junior varsity level team sports offered to them. We are a member of the North County Conference. North County Conference schools include: Sage Creek, Rancho Buena Vista, Vista, El Camino, and Oceanside. Academy coaches also schedule games with other conference and division teams.

### Fall 2018

*August 1*

Girls Volleyball  
Girls Tennis  
Girls Field Hockey  
Cross Country  
Girls Golf  
Boys Water Polo

### Winter 2018-19

*November 3*

Girls Soccer  
Boys Soccer  
Boys Basketball  
Girls Basketball  
Girls Water Polo

### Spring 2019

*February 2*

Track & Field  
Boys Volleyball  
Boys Tennis  
Girls Lacrosse  
Boys Lacrosse  
Boys Golf  
Swimming  
Softball  
Baseball

**To be eligible to try out for a Mustang Team, each student must:**

- Complete the online clearance at [www.AthleticClearance.com](http://www.AthleticClearance.com)
- Print confirmation page after completing online clearance.
- Submit all paperwork by the deadline. Packet deadlines for each season are:  
Fall - August 1      Winter - November 1      Spring - February 1
- Have a current physical and completed medical form signed by a **doctor** (MD, PA, NP, DO).
- **Provide a photocopy of current medical insurance card.** Health insurance is available for purchase in the Athletic Office and on the Athletics website.
- Have a current **GPA of 2.0**. Fall athletes bring in a copy of June report card. Incoming Freshmen, bring a copy of your June report card from middle school.
- Submit confirmation page from online clearance, physical, photocopy of health insurance card, and report card to the Athletic Office. The athlete's name will then be placed on a cleared list for coaches the day of tryouts.
- No athlete will be allowed to try out until they have turned in the required paperwork and been cleared by the Athletic Office. Athletes are expected to attend all try-out sessions. Check the Athletics website at [www.sd.sduhsd.net](http://www.sd.sduhsd.net) for specific try-out information.
- Parents are to attend mandatory seasonal sports nights to meet the coaches and become familiar with the athletic program at SDA and pick up competition and practice schedules.