

# San Dieguito Union High School District

## HEALTH INFORMATION FORM

**IMPORTANT: PARENT/ GUARDIAN & STUDENT SIGNATURES ARE REQUIRED ON PAGE 2 OF THIS FORM**

Male    Female  
**STUDENT:** Last Name \_\_\_\_\_ First Name \_\_\_\_\_ M. Initial \_\_\_\_\_ Date of Birth \_\_\_\_\_ Month/Day/Year \_\_\_\_\_ Current School \_\_\_\_\_ Grade \_\_\_\_\_

**PARENT/GUARDIAN:** The following information is necessary for the student's health record. It is required upon registration of the student. However, **if student develops new health problem/s** in the future, we request that you **notify the school's Health Office as soon as possible** to provide the appropriate care for your student.

**HEALTH CONDITION/S:**

Please mark the corresponding items that best describe your student's current health condition/s **and return the completed form to school's Health Office.** Please provide specific information regarding conditions that may affect student learning and participation in school activities (**if needed, enclose additional information on a separate sheet**).

HEALTH CONDITION:	EXPLAIN: Please include, date diagnosed, frequency, severity, etc.
<input type="checkbox"/> Allergy (food, bee sting, medication, other)	<input type="checkbox"/> Needs medication at school <i>(requires a signed form please see page 2)</i>
<input type="checkbox"/> Asthma (indicate: mild, moderate, serious)	<input type="checkbox"/> Needs Inhaler at school <i>(requires a signed form please see page 2)</i>
<input type="checkbox"/> Blood Disorder/s	_____
<input type="checkbox"/> Cerebral Palsy	_____
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Needs Insulin at school <i>(requires a signed form please see page 2)</i>
<input type="checkbox"/> Diagnosed ADHD / ADD	<input type="checkbox"/> Needs medication at school <i>(requires a signed form please see page 2)</i>
<input type="checkbox"/> Disabilities / Genetic Disorder	_____
<input type="checkbox"/> Emotional Disorder	_____
<input type="checkbox"/> Fainting	_____
<input type="checkbox"/> Heart Condition	_____
<input type="checkbox"/> Immune Deficiency Syndrome	_____
<input type="checkbox"/> Kidney Disorder	_____
<input type="checkbox"/> Migraine Headache	<input type="checkbox"/> Needs medication at school <i>(requires a signed form please see page 2)</i>
<input type="checkbox"/> Neurological Disorder	_____
<input type="checkbox"/> Orthopedic Condition	_____
<input type="checkbox"/> Prosthesis	_____
<input type="checkbox"/> Psychological Disorder	_____
<input type="checkbox"/> Scoliosis	_____
<input type="checkbox"/> Seizure Disorder	<input type="checkbox"/> Needs medication at school <i>(requires a signed form please see page 2)</i>
<input type="checkbox"/> <b>Date of last doctor's visit:</b>	<input type="checkbox"/> <b>Other Serious Health Concerns:</b> (If needed, enclose a separate sheet)

HEARING IMPAIRMENT	<input type="checkbox"/> Right Ear	<input type="checkbox"/> Left Ear
<input type="checkbox"/> Deaf/Hard-of-Hearing	<input type="checkbox"/> Right Ear	<input type="checkbox"/> Left Ear
<input type="checkbox"/> Hearing Aids	<input type="checkbox"/> Right Ear	<input type="checkbox"/> Left Ear
<input type="checkbox"/> Hearing Problems	<input type="checkbox"/> Right Ear	<input type="checkbox"/> Left Ear
VISUAL IMPAIRMENT	<input type="checkbox"/> Right Eye	<input type="checkbox"/> Left Eye
<input type="checkbox"/> Student Wears Glasses	<input type="checkbox"/> Contact Lenses	
<input type="checkbox"/> For Distance	<input type="checkbox"/> Due to Astigmatism	
<input type="checkbox"/> For Reading	<input type="checkbox"/> <b>Other:</b>	

SPEECH IMPAIRMENT
<input type="checkbox"/> Has Had Therapy
<input type="checkbox"/> Needs Therapy
PHYSICAL RESTRICTIONS
<input type="checkbox"/> To PE Class Participation
<input type="checkbox"/> Kind of Restrictions:

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**PARENT/GUARDIAN & STUDENT: Students are NOT ALLOWED to carry medication except with physician's authorization on file for; inhalers for asthma, epipen for allergic reaction, and/or glucagon for diabetes AND all other MEDICATION; prescribed, over-the-counter, homeopathic remedies, vitamins, etc. which are to be administered during the school day or during school-sponsored activities, REQUIRE an Authorization for Administration of Medication form signed by the physician and parent. If your student requires administration of medication during school hours, please visit your school's Health Office or visit the District's website to obtain the required form "[Authorization for Administration of Medication](#)": [www.sduhsd.net](http://www.sduhsd.net) link > Special Education Department > Health Services**

Medication/s student currently takes at home (please include prescription date and doses): \_\_\_\_\_

Does the student take continuing medication? NO  YES  Will it be necessary to take medication at school? NO  YES

**If the student needs to take medication during school hours: Please complete and personally deliver the signed "Authorization for Administration of Medication" form to your school's Health Office:**

<i>Carmel Valley</i>	CV	858-481-8221 ext. 3014	<i>Canyon Crest Academy</i>	CCA	858-350-0253 ext. 4011
<i>Diegueño</i>	DNO	760-944-1892 ext. 6631	<i>La Costa Canyon</i>	LCC	760-436-6136 ext. 6024
<i>Earl Warren</i>	EW	858-755-1558 ext. 4414	<i>San Dieguito Academy</i>	SDA	760-153-1121 ext. 5021
<i>Oak Crest</i>	OC	760-753-6241 ext. 3378	<i>Torrey Pines</i>	TP	858-755-0125 ext. 2235
<i>Pacific Trails</i>	PT	858-509-1000 ext. 4605	<i>Sunset</i>	SS	760-753-3860 ext. 5534

**MEDICATION (EC § 49423):** Any student who must take prescribed medication at school and who desires assistance of school personnel must submit a written statement of instructions from the physician or physician assistant and a parental request for assistance in administering the medications. Any student may carry and self-administer prescription auto-injectable epinephrine **only if the student submits a written statement of instructions from the physician or physician assistant and written parental consent authorizing the self-administration of medication**, providing a release for the school nurse or other personnel to consult with the child's health care provider as questions arise, and releasing the district and personnel from civil liability if the child suffers any adverse reaction as a result of the self-administration of medication.

**CONTINUING MEDICATION REGIMEN (EC § 49480):** The parent or legal guardian of any pupil on a continuing medication regimen for a non-episodic condition shall inform the school nurse or other contact person of the medication being taken, the current dosage, and the name of the supervising physician. With the consent of the parent or legal guardian of the pupil, the school nurse may communicate with the physician and may counsel with the school personnel regarding the possible effects of the drug on the child's physical, intellectual, and social behavior, as well as possible behavioral signs and symptoms of adverse side effects, omission, or overdose.

**I have read and understand the above statement and Ed Code Requirements:**

<b>PARENT:</b>		
PRINT: Parent's / Guardian's Name	Parent's / Guardian's Email Address	Cell/Phone Number
Current Address	City	Zip Code
Parent/Guardian _____	Signature	Date

<b>STUDENT:</b>		
PRINT: Student's Name	Student's Email Address	Cell/Phone Number
Student _____	Signature - Adult student: Yes <input type="checkbox"/> No <input type="checkbox"/>	Date

<b>HEALTH OFFICE:</b>
Initials & Date Received: _____