

San Dieguito Academy



Health Office Procedure

The Health Office is open 7:15 a.m. to 3:45 p.m. daily. The goal of the Health Office is to support the student in attending classes. The Health Technician is available to provide first aid, and prevent the spread of disease. The Health Technician can only treat students for symptoms or injuries occurring at school.

Medication:

Students are not allowed to carry any medications on campus. All prescription and non-prescription medications must be checked into the Health Office with the Authorization for Medication form signed by both parent and doctor. Students can carry their inhalers or Epi-pens with them, if they have the authorization form on file with the Health Office and authorized by the doctor. The Health Technician cannot administer ANY medication without written authorization from BOTH parent and physician. Even over-the-counter medications require authorization. Medication must be brought to the Health Office in its original container labeled with student's name along with the authorization form. The Health Office does not keep any medications of any kind for student general use. All Diabetic supplies should be kept in the Health Office and daily blood sugar results should be recorded in their file.

Leaving School due to Illness or Injury:

Students should not make arrangements to go home by using their cell phones. Students are required to have a pass from their teacher to the Health Office first, before making arrangements to go home. When a student checks into the Health Office, an assessment of the symptoms and determination of treatment is done. If the student needs to go home, a call to the parent is made. If the Health Technician feels the student is able to stay in school, she will treat the student and try to have them finish out the day, unless the parents requests that the student goes home. If the parent decides to pick up their student, the Health Office simultaneously takes care of Attendance.

Please keep your Student home for 24 hours . . .

- after fever over 100.0 (37.5) has broken without using medication
- after vomiting or diarrhea has stopped
- after starting antibiotics, including those for eye and skin infections.

Please contact the Health Office at anytime, for any questions. The phone number is (760) 753-1121, extension 5021. “Medical authorization now online at sd.sduhsd.net.”